

Indemnity and Emergency Contact

Teams will not be registered until the following form has been completed and presented at the administration desk on the day. (Forms will be available on the day)

Indemnity (signed by each team member over the age of 18, Parents/caregivers must sign for children under 18)

We, the undersigned, hereby acknowledge that the Amazing Eco Race Event Organisers, and the owners of the land used for this event, accept no liability for any loss, damage or injury to ourselves (including vehicles at the event venue) resulting from our participation in this event.

We enter this event at our own risk and acknowledge that there may be risks associated with the sport of Rogaining. We understand the safety requirements set out by the organisers.

Print Name	Signature	Date	Date of birth

Emergency Contact for each member of your team

Your Name and Car Registration Number	Emergency Contact (not a competitor) Name, Full Address, Phone No.	Allergies or Medical

Condition**NOTE:**

1. A parent or guardian must sign the indemnity form on behalf of a competitor under the age of 18
 2. Supply the name, address and telephone number of a person to contact in the event of an emergency. This person must not be a competitor in the event.
 3. Supply details of any medical conditions or allergies that might be of assistance to First Aid staff in the event of an accident or emergency
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Safety Sheet

The organisers reserve the right to shorten the event for safety or other reasons.

Your gear is your own responsibility. There will be no compulsory gear check but the organisers reserve the right to do checks on a random or selective basis. You must be suitably equipped to start.

Cell phone coverage is patchy to very good on high ground. During the event, the organisers can be reached on the cellphone numbers printed on your map.

Emergency Services 111

Hospital 03 520 9999, Police (Blenheim) 03 578 5279

Safety is a top priority during this event. Organisers and participants (you) have responsibilities for safety. Your responsibilities include:

- being aware of and meeting all safety requirements specified by event organisers in writing or verbal briefings,
- carrying all compulsory items,
- advising your team member(s) of any medical conditions you have, your general level of fitness and other factors that may affect you adversely during the event,
- staying together as a team at all times, and providing mutual support, and helping any other team you find in difficulties,
- advising organisers if you withdraw from the event or when you finish. This is our safety check that you are no longer on the course and **IS COMPULSORY**,
- being highly conscious of time and avoiding a late return – being late results in a point penalties as well as raising safety concerns, The Course will close at 1:00 with any teams returning after that receiving zero points. If you have not returned by 1:30pm a search will begin. If you have run into difficulties and are going to be late please ring the number printed on your map
- being prepared to modify your plans to be more conservative if safety conditions dictate this,
- monitoring team and individual progress and fitness and modifying plans as required,
- looking out for hazards, such as:
 1. **Hypothermia.** Wind, water and cold temperatures can lead to exposure or hypothermia. Early symptoms are subtle (clumsiness, lethargy, slurred speech). Be prepared to seek shelter or to call it a day if conditions are severe, or if any of your team is becoming exhausted. In severe weather keep off high exposed ridges.
 2. **Dehydration.** Drink lots of water – we suggest you carry at least 2 litres per person.
 3. **Streams.** Do not cross streams if they are heavily swollen.
 4. **Cliffs, slippery rocks, loose rocks, incised creeks, gullies, slippery grass, hidden obstacles such as logs, loose fencing wire, etc.** may be present throughout the event area.
 5. **Fog/low cloud.** If in doubt, don't climb into cloud but descend out of it as soon as possible.
 6. **Road Hazard:** There will be traffic on roads. The road code applies at all times; keep to the side of the road and be alert to traffic.
 7. **Electric fences.** Usually the top wire, but sometimes a lower wire, may be hot (look for insulators on the post). Treat all as ON. Climb through lower wires, or use parka, pack or

map for insulation.

In the event of serious injury or exhaustion, make the injured person warm and comfortable; arrange, if possible, to leave someone with the person; note your exact location on the map; seek help via the nearest road. We require you to carry a cell phone which may be useful in an emergency.

Environmental and farm care

Rogaining is an environmentally and socially friendly activity. We expect you to reinforce this ethic.

Please respect the landowner's property and privacy. Their support and co-operation for permitting access to their properties for hosting this rogaine is very generous. We do not in any way wish to jeopardise the positive relationship that we have established with the landowners and Marlborough farmers over the past several years. We have a positive reputation and relationship with them and the community which we wish to continue. To date we have received encouraging feedback from all concerned. This feedback is very beneficial when assessing potential new areas for rogaines.

- Respect farm stock, fences and other facilities, and the right of landowners to operate their business, and lifestyle. Respect the privacy and security of houses and property
- **LEAVE GATES AS FOUND.** If YOUR team opens a gate, YOUR team must close it SECURELY. Do NOT rely on people in another team to close it.
- Cross fences at a strainer post, or climb through. Climb gates at the hinge end.
- Report any damage, or distress to stock, to the organisers. Do not spook or cramp stock into fence corners.
- Remove rubbish – more importantly, don't create it in the first place
- Bury toilet waste - better still, don't create it in the field. Use the toilets provided at the START/FINISH where possible.
- Keep streams clean. Protect plants and animals

Access to any properties is only for the duration of the event. Possession of the map does not entitle access at any other time. If you wish to visit a property some other time then please contact the landowners for their permission. Common courtesy and respect is greatly appreciated.