### Amazing Eco Race

### 13 November 2016

### What is the Amazing Eco Race?

The Amazing Eco Race is a cross-country navigational and strategy race on foot, designed for people of all abilities that is similar to an Orienteering-style Rogaine. Each team will:

* get a map with 30 checkpoints marked on it each worth different values
* visit as many or as few checkpoints as they wish, in any order and by any route, within your course time limit.
* complete Eco Challenges at specified controls and collect the points for that task/control.

What is the strategy?

* Some experience with a map is helpful.
* Plan an optimum route to suit your team's ability
* Aim to collect as many points as you can in three hours. You do not have to be out on the course for the full 3 hours. It is entirely up to you and your team’s ability (and enthusiasm if you have children!) Each checkpoint is worth a number of points depending on distance and difficulty. Eco Challenge check points are all worth the maximum 50 points.
* Get back on time! 10-points are deducted for every minute late.

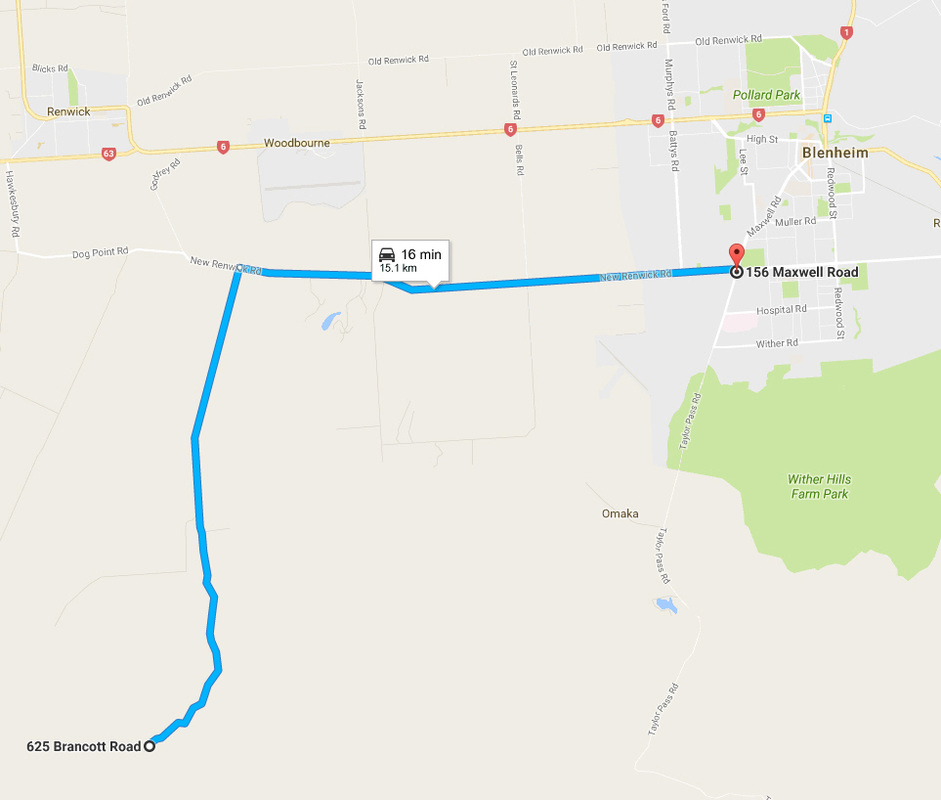
**Detailed rules exist, but basically:**

* You can bring magnetic compasses, watches and copies of the competition map.
* You **cannot** bring other navigational aids, including pedometers, altimeters (including those within watches) and GPS receivers.
* Your team must travel together, within 50 metres of one another at all times.
* All team members must be within 20m and within sight of each checkpoint for which points are claimed.
* You must respect the landowner’s property. Cross fences at posts or climb through the wire. Close any gates that are shut.
* You must be responsible for your own wellbeing by having suitable food, water, clothing and equipment with you.
* Competitors shall not discard any litter of any form.

**Note:** Neither the organizers nor the landowners accept liability for any accident or injury to participants during the event. The ‘Team Contact’ on the entry form must ensure all team members are aware that they participate at their own risk.

### Location

Within 20 minutes travel from Blenheim to the event.  Follow New Renwick Road towards Renwick and turn left at Brancott Rd.  The event is at the end of Brancott Rd.



**Hazards**

This event is being held on operating farms and as a result there are multiple hazards present. Hazards include but are not limited to the following;

* electric fences (treat as if on)
* barbed wire
* stock
* vegetation
* steep hills and gullies
* cliffs
* heat, sun exposure, cold
* underrunners (holes in the ground)
* water (rivers, streams, dams and ponds).

Please be mindful of hazards and be careful.

**Arrival**

On arrival go to Registration and either hand in the completed (and signed by each member of the team over 18 years old) Indemnity and Emergency form (see end of this document) or collect one from there and fill it in. This form must be handed in before the maps will be released to your team. Once you receive your maps you will be given a briefing and start time.

**Maps**

* Pre-marked A3 size, 1:10,000 scale with 20m contours.
* Out of bounds areas will be overprinted with diagonal magenta stripes.
* One map per team.
* The maps are Grid North but two Magnetic North Lines have been drawn across the map to assist navigation.

**Maps are not waterproof –1 water proof bag will be provided for each team as part of the event pack that you will get when you check-in on the day.**

The event pack will include;

* 1 colour map per team
* Hazard identification sheet
* Electronic transponder that will be used to record you have been at a particular control on the course
* Control passport and a pencil (to fill the passport in with).

#### Timetable

9:00 - 9:30 a.m. Registration

9:30 . 1st briefing and group of teams to start

9:35 2nd briefing and group of teams to start

9:40 3rd briefing and group of teams to start

9:45 4th briefing and group of teams to start

9:50 5th briefing and group of teams to start

12:30pm . 1st group of teams must be finished to avoid penalties

12:35pm 2nd group of teams must be finished to avoid penalties

12:40pm 3rd group of teams must be finished to avoid penalties

12:45pm 4th group of teams must be finished to avoid penalties

12:50pm 5th group of teams must be finished to avoid penalties

From 12:30pm on BBQ and sharing experiences!

1:00pm Spot Prize Draws (teams must be present to claim their prize)

Please ensure you check in at Registration when you finish!

**Grade/Prizes**

There will be no performance prizes just glory, fame and a good day’s outing!!!

# **Clothing & Equipment**

The COMPULSORY minimum equipment and clothing list is:

* Cell phone
* Water bottle/bladder (1 litres minimum)
* Sun hat, sunglasses and sunscreen
* Strong footwear with a good grip.
* Clothing suitable for the weather conditions

(Gear will not necessarily be checked prior to departure)

Optional - Money to buy a sausage/burger and drink afterwards

**Entry Fees (Per Person)**

Free

**Cancellation/Postponement**

In the case of extreme weather conditions the event will be cancelled. Cancellation will be notified on MoreFM, the Facebook page and on the website.

### Further Information

##### http://amazingecorace.co.nz/

##### Phone: Margot Ferrier at DOC Wairau Office 03 572 9100

**Other**

* No fires, smoking or open flames.
* Dogs are **NOT** to be brought to the event.
* Please respect all the landowner’s property and privacy. Their support and cooperation for permitting access to their property is very generous. We do not in any way wish to jeopardise the fantastic relationship that we have established with the landowner over the past several years.

We have a positive reputation with the landowners and the community which we wish to continue.

**Access to properties is only for the duration of the event. Possession of the map does not entitle you access at any other time.**

**Course Notes**

**Map scale**: Scale is 1:10,000 (1cm = 100m)

**Orientation:** Grid north with grids being 1km and 1 magnetic north line shown across the centre of the map.

**Contour interval**: 20m.

**Note:** That for Topo maps single green dots may be a single tree or a small group of trees. Also outcrops are not positioned accurately – they just indicate that there are outcrops in the general area.

**Under-runners:** There are numerous under-runners across the entire course. An under-runner is where underground erosion has occurred leaving a hole in the ground. The holes range in size from just the right size for you to put your foot down to something you could drive a bus into. These are especially dangerous and hard to see where the grass is a bit longer. Please keep an eye on where you are putting your feet at all times.

**Fences:** Some fences exist that are not shown on the map, some shown on the map do not now exist. Use gates wherever possible.

There are many electric fences. Assume that they are on. Refer to the Safety Sheet below for dealing with crossing electric fences. Try and locate a gate to cross.

Some of the fences have warratah posts, a barbed wire top wire and rabbit netting at the bottom making them difficult to cross. Be very careful when crossing these fences and cross at gates where possible. Please climb over the gates at the posts end and if you have to open one of them please ensure it is closed in the same way you found them!

**Tracks:** Vehicle - more exist than are shown on the map. Some that are shown may be indistinct in places or indicative of their location. Do not assume their accuracy.

Stock tracks are numerous and more often provide excellent travel particularly across slopes, through vegetation, along spurs/ridges and gullies. Consider the merit in using these if heading in the direction that you want to travel.

**Vegetation:** Not all vegetation is marked/mapped. There are some gullies, slopes and water courses thick with impenetrable vegetation. Some routes do exist through some of these areas with stock tracks often providing good to reasonable access.

**Steep slopes, Cliffs, Bluffs:** There are some areas with sheer outcrops, cliffs and steep slopes – CAUTION!!! Safe routes are available to and from controls – USE THEM!!!

**Livestock:** Report any damage, or distress to stock, to the organisers. Do not spook or cramp stock into fence corners. Steers may present and are quite inquisitive and may come up and check you out. If they are too close for your comfort just shoo them and they will run away bravely!

**Out of Bounds:** Areas as marked with diagonal magenta stripes

**Rivers and Streams:**  There are several streams that flow across the property. Be very careful if crossing as the rocks may be slippery. If there has been recent rain and the streams are swollen and you cannot see the bottom please cross at a culverted vehicle crossing. The Kaituna River should not be crossed.

**Waterdrops:** *Water is not available on the course. Carry your own supply.*

**Rubbish:** *Please keep the area tidy (do not leave litter behind) and respect privacy and property especially the houses.*

**Emergency/Incident:** Cell phone is relatively good. During the event, the organisers and Emergency services can be reached on the phone numbers printed on your map.

**It is recommended that you enter this number into your phones (021 383085 ).**

**Roads:** All roads are open to the public and you must obey normal road rules and etiquette (Not that you should need to go on the road).

**Emergency:** Call 111 if necessary and then call or text the phone number that is printed on your map. Coverage is GOOD from most of the course including ridgetops and high ground. There is no cell phone coverage in some of the gullies. Any team hearing the emergency call must respond and render assistance to the team that is in distress.

If you hear six short blasts from a car horn at one second intervals repeated one minute apart please make your way immediately towards the vehicle.

**Other:** Plan a course within own and team limits and experience. Adjust your route as the event progresses. Choose terrain and a course so that poor navigation has low risk consequences (e.g., avoid ‘dangerous’ ground). Monitor orientated map at all times. Be observant of exit routes in the event of an emergency or other incident.

Novice teams are advised to plan a conservative course so that hopefully you gain confidence as you progress. Keep your map orientated at all times. Start out at walking pace and observe where you are on the ground in relation to the map constantly.

**Final word:** We trust that you will enjoy the course that has been set and the event that has been provided. **Please be safe whilst out on the course**. We want everyone to return happy, smiling and buzzing at what you have experienced. Exhaustion and tiredness will subside but positive memories will last much longer.

**Indemnity and Emergency Contact**

Teams will not be registered until the following form has been completed and presented at the administration desk on the day. (Forms will be available on the day)

**Indemnity** (signed by each team member over the age of 18, Parents/caregivers must sign for children under 18)

We, the undersigned, hereby acknowledge that the Amazing Eco Race Event Organisers, and the owners of the land used for this event, accept no liability for any loss, damage or injury to ourselves (including vehicles at the event venue) resulting from our participation in this event.

We enter this event at our own risk and acknowledge that there may be risks associated with the sport of Rogaining. We understand the safety requirements set out by the organisers.

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| **Print Name** | **Signature** | **Date** | **Date of birth** |
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**Emergency Contact for each member of your team**

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| --- | --- | --- |
| **Your Name and**  **Car Registration Number** | **Emergency Contact (not a competitor)**  **Name, Full Address, Phone No.** | **Allergies or**  **Medical** |
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**Condition**

**NOTE:**

1. A parent or guardian must sign the indemnity form on behalf of a competitor under the age of 18

2. Supply the name, address and telephone number of a person to contact in the event of an emergency. This person must not be a competitor in the event.

3. Supply details of any medical conditions or allergies that might be of assistance to First Aid staff in the event of an accident or emergency

**Safety Sheet**

The organisers reserve the right to shorten the event for safety or other reasons.

Your gear is your own responsibility. There will be no compulsory gear check but the organisers reserve the right to do checks on a random or selective basis. You must be suitably equipped to start.

Cell phone coverage is patchy to very good on high ground. During the event, the organisers can be reached on the cellphone numbers printed on your map.

**Emergency Services 111**

**Hospital 03 520 9999, Police (Blenheim) 03 578 5279**

Safety is a top priority during this event. Organisers and participants (you) have responsibilities for safety. Your responsibilities include:

* being aware of and meeting all safety requirements specified by event organisers in writing or verbal briefings,
* carrying all compulsory items,
* advising your team member(s) of any medical conditions you have, your general level of fitness and other factors that may affect you adversely during the event,
* staying together as a team at all times, and providing mutual support, and helping any other team you find in difficulties,
* advising organisers if you withdraw from the event or when you finish. This is our safety check that you are no longer on the course and **IS COMPULSORY,**
* being highly conscious of time and avoiding a late return – being late results in a point penalties as well as raising safety concerns, The Course will close at 1:00 with any teams returning after that receiving zero points. If you have not returned by 1:30pm a search will begin. If you have run into difficulties and are going to be late please ring the number printed on your map
* being prepared to modify your plans to be more conservative if safety conditions dictate this,
* monitoring team and individual progress and fitness and modifying plans as required,
* looking out for hazards, such as:

1. **Hypothermia.** Wind, water and cold temperatures can lead to exposure or hypothermia. Early symptoms are subtle (clumsiness, lethargy, slurred speech). Be prepared to seek shelter or to call it a day if conditions are severe, or if any of your team is becoming exhausted. In severe weather keep off high exposed ridges.
2. **Dehydration.** Drink lots of water – we suggest you carry at least 2 litres per person.
3. **Streams**. Do not cross streams if they are heavily swollen.
4. **Cliffs, slippery rocks, loose rocks,** **incised creeks, gullies, slippery grass, hidden obstacles such as logs, loose fencing wire**, etc. may be present throughout the event area.
5. **Fog/low cloud**. If in doubt, don’t climb into cloud but descend out of it as soon as possible.
6. **Road Hazard:** There will be traffic on roads. The road code applies at all times; keep to the side of the road and be alert to traffic.
7. **Electric fences**. Usually the top wire, but sometimes a lower wire, may be hot (look for insulators on the post). Treat all as ON. Climb through lower wires, or use parka, pack or map for insulation.

In the event of serious injury or exhaustion, make the injured person warm and comfortable; arrange, if possible, to leave someone with the person; note your exact location on the map; seek help via the nearest road. We require you to carry a cell phone which may be useful in an emergency.

**Environmental and farm care**

**Rogaining is an environmentally and socially friendly activity. We expect you to reinforce this ethic.**

Please respect the landowner’s property and privacy. Their support and co-operation for permitting access to their properties for hosting this rogaine is very generous. We do not in any way wish to jeopardise the positive relationship that we have established with the landowners and Marlborough farmers over the past several years. We have a positive reputation and relationship with them and the community which we wish to continue. To date we have received encouraging feedback from all concerned. This feedback is very beneficial when assessing potential new areas for rogaines.

* Respect farm stock, fences and other facilities, and the right of landowners to operate their business, and lifestyle. Respect the privacy and security of houses and property
* **LEAVE GATES AS FOUND.** If YOUR team opens a gate, YOUR team must close it SECURELY. Do NOT rely on people in another team to close it.
* Cross fences at a strainer post, or climb through. Climb gates at the hinge end.
* Report any damage, or distress to stock, to the organisers. Do not spook or cramp stock into fence corners.
* Remove rubbish – more importantly, don’t create it in the first place
* Bury toilet waste - better still, don’t create it in the field. Use the toilets provided at the START/FINISH where possible.
* Keep streams clean. Protect plants and animals

**Access to any properties is only for the duration of the event. Possession of the map does not entitle access at any other time. If you wish to visit a property some other time then please contact the landowners for their permission. Common courtesy and respect is greatly appreciated.**